

Health Promotion

The Health Promotion Office educates and empowers students to make healthy lifestyle choices. Professional health educators provide information to students on a variety of topics.

- Alcohol, tobacco, and other drugs
- Sexual health
- Nutrition and fitness
- Wellness—achieving balance in life

Health Promotion Office: (309) 438-5948



These items are useful to have on hand:

- Thermometer
- Humidifier
- Expectorants
- Cough medicine, throat lozenges
- Acetaminophen (Tylenol)
- Ibuprofen (Advil)
- Decongestant (Sudafed)
- Band-Aids
- Antibiotic cream (Neosporin)

If you need an accommodation, or to request this information in an alternate format, call (309) 438-2956.

Student Health Services



STUDENT HEALTH SERVICES
Illinois State University



ILLINOIS STATE UNIVERSITY
Illinois' first public university

An equal opportunity/affirmative action university encouraging diversity

UNIVERSITY MARKETING AND COMMUNICATIONS

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Health Clinic

Illinois State University's Health Clinic provides examinations, treatment, urgent care, and minor surgical procedures. As an Illinois State University student you have access to quality, convenient primary health care. The various services include

- Medical services
- Psychiatry
- X-ray
- Lab
- Pharmacy—pharmaceutical care is provided by registered pharmacists and technicians. The pharmacy will fill prescriptions from any licensed physician or dentist if the medication is on the Pharmacy Drug Formulary. The pharmacy provides those medications most frequently required by students. Prescription and over-the-counter items are sold at a reduced cost to students. Most prescription insurance cards are accepted.
- Immunizations
- Allergy injections
- Flu shots
- TB skin testing
- STI/HIV testing

Accreditation

The Health Clinic is accredited by the Accreditation Association for Ambulatory Health Care. To achieve accreditation, the Health Clinic meets nationally recognized standards for outpatient health care. Achievement of this recognition means that the staff is committed to providing quality health care.

Clinic location

226 Student Services Building
Corner of College Avenue and University Street

Clinic hours

Monday–Thursday 8 a.m.–6 p.m.
Friday 8 a.m.–4:30 p.m.
(Hours vary during summer and academic breaks.)



All Health Clinic physicians and advanced practice nurses are board-certified professionals in family practice, internal medicine, psychiatry, or women's health.

Important telephone numbers

Appointments: (309) 438-APPT (438-2778)

Nurse consult: (309) 438-RNRN (438-7676)

Pharmacy: (309) 438-8713

Medical records: (309) 438-7559

Immunizations/allergy injections: (309) 438-8560

Administration: (309) 438-2956

Informed Health Line: (800) 556-1555

After hours, weekends, holidays, and academic breaks, a toll-free health line is available 24 hours a day. Talk to a registered nurse who can provide information on more than 5,000 health and wellness topics. Nurses can help you learn more about health conditions and medical procedures, and improve how you communicate with your doctor and other health care professionals. Get the information you need to make decisions that are right for you.

Eligibility

Students who register for one or more credit hours and are assessed a Student Health Services fee are entitled to use all of the services. To arrange access to health services for spouses/domestic partners, call the business office at (309) 438-8793 for information about eligibility and cost.

Health-related fees

Two health-related fees are automatically assessed with tuition and fees. One covers the services provided in the on-campus clinic. This fee is assessed at one or more credit hours. The other pays for a comprehensive health and accident insurance plan that pays benefits for services anywhere in the world. This fee is assessed at nine or more credit hours.

Life-threatening emergencies

Call 911 for ambulance transportation to a local hospital emergency room. Remember: An emergency room is for injuries and serious illnesses. Less urgent conditions can be treated at the Health Clinic or a physician's office. If the Health Clinic is closed, these health care facilities may be able to meet your non-emergency needs.

PromptCare, Fort Jesse: (309) 661-6280

PromptCare, Eastland: (309) 663-2100

Carle Convenient Care: (309) 664-3440

HealthPoint: (309) 454-4411

Meningitis is a health concern on college campuses. Although meningococcal vaccination is not a required immunization, the Centers for Disease Control and Prevention (CDC) recommends that college freshmen living in residence halls receive this vaccine. For more information visit the Student Health Services Web site at www.shs.ilstu.edu. To request a vaccination, call (309) 438-2778 for an appointment. Call Nurse Consult at (309) 438-7676 with questions.

We encourage your questions and comments at www.shs.ilstu.edu. Click on "SHS Questions."